

Eternal Happenings

Time, heaven & hell, and the persistence of peace



*This is not the absolute truth. This what makes sense to me personally
and helps me live peacefully. Take what you want from it and
believe whatever seems most true to you.*

It really doesn't matter ☺

Every moment that happens exists eternally. Everything has already happened you're just witnessing it happen. So, every delightful, mundane, or painful experience you've witnessed still exists.

Second thing - Pain and pleasure cannot exist without each other. It's the contrast that helps you identify them. If something were good forever, we'd get sick of it. If something were bad forever, we'd get used to it. Heaven and hell are not separate.

On earth there is a never-ending swing, persistent waves of heaven and hell. A bad period in life makes you appreciate the good. It gives a reference for what's heavenly and how pleasurable it is in comparison to the pain you've experienced.



So, all those satisfying or agonizing moments scattered throughout your lifetime can be grouped and labelled as 'paradise' or 'hell.' Heaven and hell exist here on earth, always together, peaks and troughs on a never-ending roller coaster. If you want eternal paradise or heaven, then find peace.



True paradise is peace. Not happiness, because that fades, it's dependent on external factors. True paradise comes when we make peace. This basically means not giving too much of a fuck about anything. Realizing how nothing is nearly as important as we want it to be / think it is. Peace comes from holding the idea that none of this matters, and still putting in effort to make it all better. When we hold that, we let go of attachment to the results of our actions. We're happy when good things come, and at peace when they don't.

Heaven and hell exist here on earth and neither exists without the other. You can shift into memory or practice not giving a fuck. You choose your own reality to an extent; depends how far you're willing to push it.

So yea take it or leave it bro, that's just how I see it.